



# AGE APPROPRIATE CHORES

## 2 YEARS +

Clear away own toys & books  
Dry & put away small utensils  
Put clothes in washing basket  
Feed pets  
Dust

## 7 YEARS +

All of 2 & 5 YEARS +  
Make own breakfast  
Clean up spills & messes  
Take rubbish out  
Change rubbish bag  
Prep vegetables for dinner  
Choose outfit to wear  
Make own lunch  
Sort & put laundry away  
Wipe down benches  
Help with meal planning  
Vacuum

## 5 YEARS +

All of 2 YEARS +  
Sweep with dustpan / broom  
Help wash/dry/put away dishes  
Make own bed  
Keep bedroom tidy  
Help put groceries away  
Water plants  
Set the table / Clear the table  
Unload dishwasher  
Pack own school bag  
Replace toilet paper roll  
Help sort & put laundry away  
Bring in mail  
Get own snacks

## 10 YEARS +

All of 2, 5 & 7 YEARS +  
Make simple dinners  
Mop floors  
Clean bathroom  
Clean kitchen  
Do laundry  
Make cups of coffee / tea

